

# DETAILED ITINERARY (PAGE 1 OF 2)

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Below in grid form is your tour's itinerary. If you'd like additional details, don't hesitate to contact us:

DAY	CITY/REGION	ACTIVITY	MEALS
Day One July 18 <b>Start 12:30 Toulouse</b>	<b>Saint Lizier</b> Eastern Pyrenees South of Toulouse	Train Station. Bus transfer to Saint Lizier (1.5 hours). <b>Bikers:</b> 31.5 km / 19.5 mile warm up loop ride. <b>Non-riders:</b> Afternoon of canyoning to don a wetsuit and slip/slide through the Pyreneen mountains.	Dinner included.
Day Two July 19	<b>Saint Lizier</b> Eastern Pyrenees	<b>Stage 15:</b> Pamiers - Bagneres de Luchon <b>Bikers:</b> Optional light morning ride before tour stage viewing. Following tour viewing, early afternoon loop in the wake of the tour 57.6 km / 35.7 miles <b>Non-riders:</b> Free morning followed by optional afternoon of hiking or parapenting (parachute/gliding).	Breakfast & Dinner included.
Day Three July 20	<b>Saint Lizier</b> Eastern Pyrenees	<b>Stage 16:</b> Pau Finish <b>Bikers:</b> Optional century ride (102 kms / 63 miles) to retrace stage 15 TDF from the hotel over the Col d'Aspet and down into Bagneres and Loudenvielle. Post-ride transfer to Pau and stage finish. <b>Non-riders:</b> Late morning transfer to Pau for a walking tour, lunch, and viewing the TDF finish. Early evening transfer back to hotel.	Breakfast, Lunch & Dinner Included
Day Four July 21	<b>Saint Lizier</b> Eastern Pyrenees	<b>Bikers:</b> Free morning to relax followed by 30 km / 20 mile afternoon loop ride through the mountains around the domain. <b>Non-Riders:</b> Morning petanque class to learn France's favorite sport. Optional afternoon fly fishing.	Breakfast, Lunch & Dinner Included
Day Five July 22	Transfer Day <b>Bordeaux</b> Wine Country	<b>Stage 17:</b> Pau-Col du Tourmalet <b>Deluxe Clients:</b> Helicopter transfer to see the dramatic finish on Col du Tourmalet. Following the finish, helicopter transfer to Bordeaux. <b>Luxury Clients:</b> Late morning coach transfer to private viewing area, lunch, watch stage 17 go by and then transfer to Bordeaux. .	Breakfast & Lunch Included Free night for dinner
Day Six July 23	<b>Bordeaux</b> Wine Country	<b>Riders:</b> 49.1 km / 30.4 mile ride from Bordeaux to Pauillac following the stage 19 time trial route. Optional stop at Chateau Palmer for wine tasting and optional return ride back to Bordeaux for total 98.2 km / 61 miles. <b>Non-Riders:</b> Optional morning cooking class, lunch, and afternoon wine tasting at world-famous Chateau Palmer.	Breakfast, Lunch, Dinner included.



### Date

July 18-26, 2010  
Start: Toulouse  
Finish: Paris

### Prices

**Deluxe \$6995/person**  
**Luxury \$5895/person**

### Highlights

**5 TDF stages**  
**Helicopter transfer to Stage 17/ Col du Tourmalet**  
**VIP grandstand seating on the Champs Elysees for the finish**  
**Morning ride on the Champs Elysees before the finish**  
**Send off dinner at the Eiffel Tower**

### What's Included

**Hotel, Breakfasts, Guides, Bike, Van Support, All Transfers, 6 dinners, 5 lunches**

### Where You'll Go

**Pyrenees, Bordeaux and Paris for the finish.**

[www.spyns.com](http://www.spyns.com)

**1.888.825.4720**

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